

CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

Pacific Beach Recreation Center
1405 Diamond Street ✧ Pacific Beach, CA 92109
Phone: (858) 581-9927 ✧ www.sandiego.gov

Summer 2016 Program

ONLINE CLASS REGISTRATION BEGINS: Saturday, May 14, 2016
SEE LAST PAGE FOR REGISTRATION DETAILS.

Pacific Beach Recreation Center Staff

AREA MANAGER II

Tyler Canales

RECREATION CENTER DIRECTOR II

Roger Hughes

RECREATION LEADER I

Branndie Benford, Alijah Gargano, Roman Norby-Cedillo,
Brittany Villanueva

GROUND MAINTENANCE WORKER II

Chris Richmond

Hours of Operation

(Hours are subject to change without notice.)

Monday	1:00 - 8:00 p.m.
Tuesday	12:00 - 9:00 p.m.
Wednesday	12:00 - 8:00 p.m.
Thursday	12:00 - 9:00 p.m.
Friday	12:00 - 7:00 p.m.
Saturday	9:00 - 2:00 p.m.
Sunday	***Closed***

Programs, schedule, and fees are subject to
change without prior notice.

GYMNASIUM SCHEDULE

MONDAY

Open Play Basketball 1:00 - 7:00 p.m.
Vavi Volleyball 7:00 - 10:00 p.m.

TUESDAY

Open Play Pickleball 12:00 - 4:30 p.m.
Open Play Basketball 4:30 - 5:45 p.m.
Open Play Volleyball 6:00 - 8:45 p.m.

WEDNESDAY

Open Play Basketball 12:00 - 5:45 p.m.
Volleyball Clinic 6:00 - 8:45 p.m.

THURSDAY

Open Play Pickleball 12:00 - 4:30 p.m.
Open Play Basketball 4:30 - 5:45 p.m.
Co-ed Volleyball league 6:00 - 8:45 p.m.

FRIDAY

Open Play Basketball 12:00 - 6:45 p.m.

SATURDAY

Open Play Basketball 9:00 - 2:00 p.m.

SUNDAY

Pacific Beach Kids Day 10:00 a.m. - 1:00p.m.



BOOK-NOOK

Book Nook is a “take a book leave a book” place to gather where everyone can share their favorite book, literature, and stories. If anyone really likes a book, they can keep it and donate a different book to our library to share with others. If anyone is looking for something to read, the Book Nook is the perfect place for children and adults.

LOCAL COMMUNITY TELEPHONE NUMBERS

Santa Clara Recreation Center	(858) 581-9928
La Jolla Recreation Center	(858) 552-1658
PB Town Council	(858) 483-6666
Balboa Park Permit Center	(858) 235-1169
PB Elementary School	(858) 488-8316
PB Middle School	(858) 273-9070
Kate Sessions Elementary	(858) 273-3111
Animal Control	(619) 236-4250
Pacific Beach Library	(858) 581-9934

RECREATION COUNCIL

The Santa Clara/Pacific Beach Recreation Council is an advisory committee made up of individuals from the community. Recreation Council members work with City staff to promote recreational activities for the citizens of Pacific Beach and Mission Beach. Meetings are held on the Third Tuesday of every month, at 5:30 p.m. New Membership is welcome. More information is available by contacting the office at (858) 581-9927.

THE FOLLOWING FACILITIES AND AMENITIES ARE AVAILABLE FOR RENTAL USE.

Pacific Beach Recreation Center

Multi-purpose field, gymnasium, three meeting rooms, and a kitchen.

Kate Session Park

Large grassy area for parties, weddings, and event picnics.

Pacific Beach Elementary School

Multi-purpose field.

All permits are issued by the Recreation Center Director, who can be contacted at (858) 581-9927. Permits are issued by appointment only.

PROGRAMS, CLASSES AND TIMES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

YOUTH PROGRAMS

Let's Make Art

Day: Wednesday
Time: 12:30 - 1:30 p.m.
Ages: 4 to 9 years
Cost: Free

Instructor: Brittany

Session I: June 1 - June 29 (#25536)

Session II: July 6 - July 27 (#25537)

Session III: August 3 - August 31 (#25539)

This class will encourage young artists to discover their creative skills. Every week will focus on a particular art style from famous artists. Students will create a final art project at the end of a 6 week session.



Beginner Table Tennis

Day: Monday
Time: 3:30 - 4:30 p.m.
Ages: 10 years and older
Cost: Free

Instructor: Alijah

Session I June (#25523)

Session II: July (#25525)

Session III: August (#25526)

This class will focus on beginning skills and the opportunity to play table tennis. All equipment is provided, and participants may bring their own paddle.



Pee Wee Sports

Day: Tuesdays
Time: 3:30 - 4:30 p.m.
Ages: 4 to 5 years
Cost: \$10.00 per month

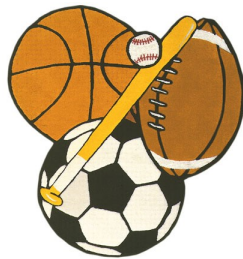
Instructor: Brittany

Session I: June (#25527)

Session II: July (#25528)

Session III: August (#25529)

Pee Wee Sports teaches children how to play sports such as Kickball, T-Ball, Soccer, Basketball and other fun games. It also helps develop team skills, confidence, and social skills.



Summer Youth Basketball

Cost: \$50 for season

Divisions : 8 to 10 Years (#25834)
11 to 12 Years (#25835)

Age cut off date: June 16, 2016

Registration Begins: May 14, 2016

SEASON : June 18, 2016 to August 20, 2016.

Practices are held on Tuesdays and Thursdays. Games are played on Saturday mornings at Pacific Beach Recreation Center.



City Dance Classes

Cost: \$41.00/ 10 weeks

Day: Tuesday **Fall Session Starts September 27 — December 6**

Founded in 1942, the award winning Civic Dance Arts Program of the City of San Diego Parks and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance. Tap, Jazz, Hip Hop and Pre-Ballet classes for youth ages 4-17 are offered here on Tuesdays. Please contact the Dance office at 619-235-5255 for more information about the Fall schedule and activity codes.

New Students must contact the dance office for assistance with enrollment. Teacher approval required.



YOUTH PROGRAMS

Ninja Camp 2016



Days: Monday - Friday **Time:** 8:00 a.m. - 3:30 p.m. **Cost:** \$400.00. **Ages:** 5-13

Session I: July 11 - July 15, 2016 (#25822) **Session II:** July 18 - July 22, 2016 (#25823)

Pacific Beach's premier summer camp has returned and this year and promises to be better than ever. Children will learn the way of the Ninja as they train daily with Ninja instructors in topics ranging from physical conditioning, teamwork, stealth, self-defense, arts/crafts and much more.

Space is limited and this camp will sell out quickly. Contact Shigong Guerrero to reserve you spot.

Students may wear shorts or sweat pants and a t-shirt.

Visit www.reddragonshoushu.com and click on Pacific Beach link for more information



Pacific Beach Youth Drama Club

Has your child ever had the acting bug? Then this is a great program to let them explore it. During the 8 week program, participants will learn basic acting techniques through interactive games and exercises. All participants will be able to show off their skills and be part of a short scripted program to be held at the end of the program on Friday, September 2nd.

Registration begins May 14, 2016. Space is limited to the first 15 registrants, and is granted on a first come first serve basis only.

Ages: 8 to 12 years **Days:** Monday and Wednesday **Time:** 4:30 - 6:00 p.m.
Dates: July 11 - September 2, 2016 **Cost:** \$25 (#25854)



YOUTH TENNIS LESSONS

This program focuses on the fundamental skills of tennis. More information is available by calling Joe Wesson, USPTA Certified Professional, at (619) 743-8051.

Day: Saturday
Time: 9:00 a.m. - 1:00 p.m.
Ages: 6-14 years.
Cost: \$60.00/ 5 week session



Session I: June 18 - July 16, 2016 (#25509)

Session II: July 23 - August 20, 2016 (#25510)

One hour sessions are scheduled on the hour.
Sessions are ongoing.

OPEN PLAY PICKLEBALL

3 INDOOR COURTS

Levels of play are Beginner and Intermediate.

Day: Tuesday, Thursday

Time: 12:00 - 4:30 p.m.

Open to All Ages



YOUTH PROGRAMS



SUNDAY is Pacific Beach Kids Day



This program is Free! (#25928)

Day: Sunday

Time: 10:00 am - 1:00 pm.

Ages: 2 - 6 years

Activities include games, a bounce house, tumbling equipment and more.



All participants must sign a liability waiver. Parents must accompany their children in this program



UPCOMING PROGRAMS

Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim 30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!

Sign up: Pacific Beach (#23705) No Charge. This activity is FREE

Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Market in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Dr., San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

Code (#24791) at www.SDRecConnect.com



Stay Fit San Diego!

Visit: www.sandiego.gov/park-and-recreation for more info.

Proudly Presented by:



Official financial partner of the City of San Diego

SPECIAL EVENTS

Santa Clara/Pacific Beach Recreation Council Presents:

ZOOTOPIA

MOVIE IN THE PARK



At Kate O. Sessions Park

Date: Friday August 26, 2016

Place: Kate O. Session Park

Movie Starts at Dusk

Movie: ZOOTOPIA



Watching a movie under the stars is fun for the whole family. Early arrival is recommended to get a good location for your blankets and chairs, and enjoy the pre-movie activities including arts and crafts and games.

Concerts On The Green

at Kate O. Sessions Park

Schedule for concerts at Kate O. Sessions Park:

July 24, 2016	Siers Brothers Band
July 31, 2016	The Bi-National Mombo Orchestra
August 7, 2016	Rey Vinole Band
August 14, 2016	Bayou Brothers



The concerts on the green is fun for the whole family. Bring your chairs, blankets and some food to enjoy a nice summer evening listening to live music.

Music starts at 4:30 pm— 6:30 pm. **A big Thank You to the PB Community Foundation for putting this event together.**



ADULT CLASSES

VOLLEYBALL CLINIC

Day: Wednesday

Time: 6:00 - 7:45 p.m.

Cost: \$50.00/5 Week Session

Session I: July 13 - August 10, 2016 (#25544)

Session II: August 17 - September 14, 2016 (#25545)

Session III: September 14 - October 19, 2016 (#25546)

This Volleyball clinic is for players of all levels. Classes consist of conditioning drills in passing, setting, spiking, serving and offensive and defensive skills.

More information is available by contacting Farid Karimi at (858) 871-0047

RED DRAGON SHOU SHU

Days: Monday - Thursday

Time: 6:00 - 8:00 p.m.

Cost: \$100.00 Monthly

This class is for participants who desire and seek the meaning of self-discipline, respect for others, leadership and team work. The satisfaction of knowing that they have accomplished a respected goal is rewarding to all participants. Shou Shu is the ultimate art of unarmed self-defense as well as achieving physical fitness and confidence in oneself. Shou Shu provides a form of gaining control of the body and sharp discipline of the mind.

Uniforms for Self Defense are highly recommended, and are available to purchase from the instructor throughout the course. All uniforms include a white belt, and cost \$30.00 (all sizes). Students can wear shorts or sweatpants and a t-shirt.

TEEN & ADULT GROUP

Monday and Wednesday Class

June (#25511) July (#25512) August (#25514)

Tuesday and Thursday Class

June (#25515) July (#25516) August (#25517)



MARTIAL ARTS CONDITIONING

Day: Friday

Time: 4:00- 6:00 p.m.

Cost: \$50.00/Monthly

Age: 18 years and older Only

June (#25817) July(#25818) August(#25819)

This class is for anyone interested in burning off calories., looking for a fun, exciting, workout and wants to hit some bags. Team Guerrero hosts one of the most dynamic and fun training classes. The mixture of martial arts, workout program, and meal planning makes this class the ultimate method for losing weight and improving one's health.



CO-ED VOLLEYBALL LEAGUE

(4-PERSON VOLLEYBALL)

A and B Leagues

Day: Thursday

Time: 6:00 - 8:45 p.m.

Cost: \$280.00 per team

Season of Play: August 4 - November 10, 2016 (#25547)

More information is available by contacting Farid Karimi at (858) 871-0047



ADULT TENNIS

Days: Tuesday, Wednesday, Thursday

Participants choose their day.

Cost: \$80.00/5 Weeks



Session I: May 1, 2016	6:00 - 6:50 p.m. (#25518) 7:00 - 7:50 p.m. (#25519)
Session II: June 5, 2016	6:00 - 6:50 p.m. (#25520) 7:00 - 7:50 p.m. (#25521)
Session III: July 5, 2016	6:00 - 6:50 p.m. (#25937)
Session IV: August 2, 2016	6:00 - 6:50 p.m. (#25522)

Sessions are ongoing More information is available by contacting USPTA Certified instructor Joe Wesson at (619) 743-8051.

Weight Room

The Weight room is equipped with a stationary bike, elliptical machine, stair stepper, circuit training machines and free weights. Patrons must be **18 years of age or older**. **Paid membership and completion of a liability waiver is required.**

Gym hours:

Monday : 1:00 - 7:45 p.m.

Tuesday/Thursday: 12:00 - 8:45 p.m.

Wednesday/Friday: 12:00 - 7:45 p.m.

Saturday: 9:00 a.m. - 1:45 p.m.

Sunday: Closed

Cost:

Daily: \$ 3.00

Monthly: \$10.00

Quarterly: \$20.00

Yearly: \$70.00



Registration/Reservation Transaction and Credit Card Fees

A transaction Fee and a credit card fee is charged to customers who use credit cards (or other electronic payment mechanism) for registrations and reservations. Rates are established by the service provider and are nonrefundable. Current rates are listed below.

<u>Fee Description</u>	<u>Previous Fee</u>	<u>Approved Fee</u>
Transaction Fee	N/A	\$2.00/transaction
Credit Card Fee	N/A	\$3% of Total Charges

GENERAL INFORMATION

Registration Begins

Class Registration begins Saturday May 14, 2016

Registration is accepted:

Mondays 1:00 to 7:00 p.m.

Tuesdays through Fridays 12:00 to 7:00 p.m.



Class Information

- Classes will begin the month of June 2016 and registration will be taken two weeks prior to the class start date and no later than the second class meeting.
- Registration is taken online, first serve, walk in basis. Telephone or mailed registrations are not accepted.
- If classes do not meet minimum enrollment, they will be canceled and a full refund will be issued by Appointment only.
- Programs and fees are subject to change without prior notice.

Payment Policy

- Payment is required at the time of registration.
- Registration deadline is by the second class meeting. No registration will be accepted after the second scheduled class meeting.
- CREDIT CARD, exact CASH or CHECK payable to **MBRCC@PB., Inc.** are only methods of payment accepted. Valid identification must be presented when paying by check.
- **Visa, MasterCard, American Express and Discover Cards are accepted.**
- A \$25 service fee will be charged for returned checks.
- Class fees are NOT pro-rated or discounted after the beginning of the scheduled session.
- Registrants should make sure they receive a receipt with their copy of the registration form.

ONLINE REGISTRATION INFORMATION

Online registration for all contractual programs offered by the Recreation Council using the Online Activity Registration System is available.

Log onto: www.SDRecConnect.com

Returning Customers (previously registered for classes online) Click the "My Account" button. Enter your login (email) and password. Log in with this password to activate your account.

New Accounts — New registrant should click on the "Create Account" button. Fill out the New Account request form completely, including all required (Birth date, gender, email, address, etc.) and click submit, taking care to submit only once. A confirmation will be sent to the email address that was provided. Directions provided by active account should be followed. Please Note: (For first time users only) Parents/Guardian must create their own account first using their own information. Once the online registration account is open, the registrant will have the opportunity to add a child as a family member.

Water Conservation

Pacific Beach Recreation Center would like to encourage everyone to "Think Blue" and help conserve water.

Recycling

The recycling bin is located in the yard on the south side of the Pacific Beach Recreation Center. If bins are full, please come back another day. Recyclables are collected on Tuesdays and Thursdays "It's Likeable To Be Recyclable."

Volunteer Workers

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit

[www.sandiego.gov/park-and-recreation/general-](http://www.sandiego.gov/park-and-recreation/general-info.volunteer.stml)

[info.volunteer.stml](http://www.sandiego.gov/park-and-recreation/general-info.volunteer.stml) or contact the Volunteer Office at (619) 533 - 4017. Volunteers and donations keep our programs going.

Refund Policy

- Refund request forms must be submitted PRIOR to the second scheduled class meeting and youth leagues.
- To obtain a refund, a PBRC Refund Request Form (obtained at the office) must be completed and submitted with the pink receipt.

No refunds or make-ups for missed classes.

*Requirements of Independent Contractors

- All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process.
- Contractors must submit a business license and proof of liability insurance.
- City staff handles all registration for the program.
- Contractors must provide Worker's compensation coverage for all employees.

Permits & Rentals

- Permits will be issued by appointment only by the Recreation Center Director.

Permit Hours

Monday through Wednesday 1:00 - 4:00 p.m.

*Permit Holder Requirements

- Must provide proof of insurance
- Registration is completed by the permit holder
- Permit holder is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors

All City of San Diego Parks and Beaches are smoke and alcohol free.

Holiday Closures

Monday May 30, 2016

Monday July 4, 2016

September 5, 2016

Memorial Day

Independence Day

Labor Day



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGION, CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS, & AIDS-RELATED COMPLEX.) IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK & RECREATION DEPARTMENT CONTACT THE DISTRICT MANAGER AT (619) 235-1132 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.